

Historical Perspective and Timeline Coordinated School Health in Tennessee

Mid 1980s

> Tennessee School Health Coalition (TSHC) formed an advocacy group consisting of interdisciplinary members working to promote Comprehensive School Health in Tennessee.

1987

> Llyod Kolbe and Diane Allensworth developed the Coordinated School Health model for the Centers for Disease Control and Prevention.

1988

- ➤ HIV/AIDS Prevention funding in Tennessee provided funding to TSHC for an Executive Director and staff position to promote CSH raised awareness of CSH, promoted cooperative projects around school health.
- Public School Nurse Program enacted by legislature (funded 32 positions for \$1.36 million).

1991

➤ High School Youth Risk Behavior Surveys began in Tennessee (biennial).

1992

- Funding for Public School Nurse program ended.
- ➤ Education Improvement Act passed which included funding in the BEP Funding Formula for nurses 1:3,000 when BEP fully funded.

1993

WellSpring Conference – Vanderbilt University

1994

- WellSpring Conference Vanderbilt University
- > TennCare (Medicaid waiver) went into effect.

1995

- First CDC CSH State Infrastructure application (was not approved).
- ➤ **WellSpring Conference** Fairfield Glade resort
- ➤ With TennCare issues, prompted beginning of Project TEACH (program designed to help schools better coordinate with TennCare for children with medical needs that TennCare should cover).

1996

Medications/Health Care and School Nurses legislation passed.

1997

> Basic Education Program (BEP) funding formula for schools fully funded.

- > TSHC, in partnership with DOE and DOH, hold first **YRBS Conference**.
- > Second CDC CSH State Infrastructure application (was not approved).

1998

- > Congress encourages adoption of CSH model based on CDC report that health education in schools can reduce prevalence of health risk behaviors.
- > TSHC, DOE, DOH and others sponsor **Coordinated School Health Conference** awareness increases of Kolbe/Allensworth model of CSH.

1999

- > TSHC develops first position paper and website devoted to CSH.
- > Joint **ASHA and TSHC Conference** in Nashville.
- Coordinated School Health legislation introduced TSHC employed lobbyist.
- > School Health was added to the State Master Plan for schools.
- > Third CDC Infrastructure Application (approved and started in 2000).

2000

- > TCA 49-1-1002 The Coordinated School Health Improvement Act of 2000 established CSH in Tennessee with \$1 million in funding to start 10 CSH pilot sites.
- > CSH Standards and Guidelines created by the State Board of Education.
- > School Health Index connected to school improvement planning.

2001

- > 10 CSH pilot sites selected funding provided to schools to implement CSH.
- > Started CSH Coordinators Leadership Institute. Monthly training sessions were held throughout the year.
- > School Health Data Conference.

2002

- > Fit for the Future Conference.
- > CSH State Evaluation contract with ETSU established.

2003

- > Milk vending machines introduced in Monroe County.
- > First Evaluation Report for CSH Baseline Data.

2004

- > CDC CSH Infrastructure funds reinstated to Tennessee.
- > **T.C.A. 49-6-2307** sets nutritional requirements for foods sold in schools that are not part of the school breakfast and lunch programs.

➤ Federal Child Nutrition and Women, Infants and Children Reauthorization Act of 2004 mandates each school district have a Wellness Policy by the first day of 2006-2007 school year.

2005

- > Tennessee Nutritional Guidelines adopted by the State Board of Education.
- > Tennessee Physical Activity Policy adopted by the State Board of Education.

2003-05

P.A.N.T.S. (Physical Activity Nutrition for Tennessee Schools) Institutes conducted at institutions of higher education across Tennessee at ETSU, MTSU, APSU, UTC, UTK, and UT Martin to provide information to administrators and staff in the following areas: Coordinated School Health, Nutrition Guidelines, Federal Wellness Policy, and new Physical Activity Policy.

2006

- **PANTS Institutes** expanded to Memphis and Jackson.
- > **T.C.A. 49-6-1021** –mandated 90 minutes of physical activity per week for all students in grades k-12.
- > **T.C.A. 49-6-1002** Expanded Coordinated School Health to all 136 school districts and created a Physical Education Specialist and State Coordinator position in the Department of Education.
- Office of Coordinated School Health was established in the Department of Education. Connie Givens named Director.
- > Request for Applications for Expanded CSH program issued.
- ➤ **Fit for the Future Conference** was held at MTSU in October 2006. This conference was sponsored by the Tennessee School Health Coalition, Inc., and focused on helping people understand and prepare to implement new Coordinated School Health initiatives statewide.
- Nine regional CSH training workshops were held across the state in October and November. These workshops were provided by the Office of Coordinated School Health (TDOE) staff and were designed to help school personnel prepare for the CSH application process.

2007

- Revised Lifetime Wellness curriculum standards adopted by the State Board of Education.
- > Healthful Living Standards were planned and then name changed to Health Education standards. Pre-K was added at this time.
- ➤ Revision of K-12 Physical Education curriculum standards planned.
- > Ken-Ten Coordinated School Health Institute was held at Maxwell Millennium Hotel in Nashville.
- > Nine regional CSH training workshops were held statewide.
- > Second Request for Applications for expanded CSH initiative issued.

- ➤ Guidelines for Health Care Professionals and Health Care Procedures in Schools updated to include allergy guidelines.
- > All 136 school systems established Coordinated School Health initiatives through funding provided by the state.

2008

- Michigan Model Comprehensive Health trainings held throughout the state.
- ➤ TAKE 10! Physical Activity trainings held throughout the state.
- 5 Physical Activity, Nutrition, Tobacco Prevention, Safety and Sex (PANTSS) work shops conducted in state
- ➤ Revised Health Education pre K- 8th grade and Physical Education pre K-12th grade curriculum standards adopted by the State Board of Education.
- > Tennessee School Health Screening Guidelines developed.
- **2008 Tennessee CSH Institute** held at Music City Sheraton Hotel in Nashville.
- > U.S. Department of Education Schools and Mental Health Integration grant funded.

2009

- > TDOE Mental Health guidelines approved by Tennessee State Board of Education.
- > 5 regional CSH Coordinator professional development trainings held statewide.
- > 2009 Tennessee CSH Institute held at Music City Sheraton in Nashville.
- > 16 regional Mental Health trainings held statewide.
- Michigan Model Comprehensive Health trainings held throughout the state.
- > TAKE 10! Physical Activity trainings held throughout the state.

2010

- Coordinated School Health Improvement Act of 2000 (T.C.A 49-1-1001-1006) renamed the Connie Hall Givens Coordinated School Health Improvement Act.
- > 2010 Tennessee CSH Institute held at Embassy Suites Hotel in Murfreesboro.
- > Guidelines for Health Care Professionals and Health Care Procedures in Schools updated to include emergency seizure treatment protocols and training resources.
- > First annual **Urban Coordinator's Institute** conducted at Embassy Suites Hotel in Murfreesboro.